

HIAS MOODLE+ RESOURCE

HIAS Progression in Mental Strategies

Addition and Subtraction

Hampshire Maths Team October 2025 Final version

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Overview

This document gives a suggested guidance as to how mental strategies may be taught in all year groups showing clear progression from Year 3 to Year 6.

Points to consider when using this resource:

Teachers should use this resource flexibly to meet the needs of individual pupils. Teachers should be familiar with previous year groups and ensure that children are secure with concepts and strategies before moving on. Reference has been made to the National Curriculum when developing this resource and the progression within the Big Ideas provided by the NCETM. This resource works alongside Hampshire Schemes of Learning Unit plans but can also complement a blocked curriculum approach.

This document focuses upon progression in the mental calculation strategies. Manipulatives and visual representations should be used to secure pupils conceptual understanding of the strategy. To support pupils in making their mathematical thinking visible, encourage the use of jottings or a number line. These strategies help pupils clarify their reasoning, communicate their ideas, and reflect on their problem-solving process. Further details of multi-representations to support conceptual understanding/ mental fluency are detailed in the unit plans referred to within this document.

Selected National Curriculum Statements

Pupils should be taught to:

- add and subtract numbers mentally, including:
 - o a three-digit number and ones
 - o a three-digit number and tens
 - o a three-digit number and hundreds

The Big Ideas (NCTEM)

Relating numbers to 5 and 10 helps develop knowledge of the number bonds within 20. For example, given 8 + 7, thinking of 7 as 2 + 5, and adding the 2 and 8 to make 10, then the 5 to 15. This should then be applied when calculating with larger numbers.

Subtraction bonds can be thought of in terms of addition: for example, in answering 15 – 8, thinking what needs to be added to 8 to make 15. Counting on for subtraction is a useful strategy that can also be applied to larger numbers.

Stage 1	Stage 2	End of Year Expectation
Recap Year 2	Partitioning 2-digit and 2-digit	Partitioning 3-digit and 3-digit
lumber bonds and deriving number bond	Calculations should not include bridging.	Calculations should not include bridging.
up to 1000	24 + 35 = ?	235 + 123 = ?
If I know, I know	20 + 30 = 50	200 + 100 = 300
2 + 6 = 8	4 + 5 = 9	30 + 20 = 50
20 + 60 = 80	50 + 9 = 59	5 + 3 = 8
200 + 600 = 800		300 + 50 + 8 = 358
	75 – 42 = ?	464 – 143 = ?
8 – 6 = 2	<i>70 – 40 = 30</i>	
80 - 60 = 20	5 – 2 = 3	400 – 100 = 300
800 - 600 = 200	30 + 3 = 33	60 - 40 = 20
		4 – 3 = 1
		300 + 20 + 1 = 321

Selected National Curriculum Programme of Study Statements Pupils should be taught to:

Solve addition and subtraction two-step problems in contexts, deciding which
operations and methods to use and why.

The Big Ideas (NCETM)

It helps to round numbers before carrying out a calculation to get a sense of the size of the answer. For example, 4786-2135 is close to 5000-2000, so the answer will be around 3000. Looking at the numbers in a calculation and their relationship to each other can help make calculating easier. For example, 3012-2996. Noticing that the numbers are close to each other might mean this is more easily calculated by thinking about subtraction as difference.

Stage 1	Stage 2	End of Year Expectation
Recap Year 3	Partitioning 3-digit and 3-digit	Partitioning 4-digit and 4-digit
umber bonds and related number bond up	Calculations should not include bridging.	Calculations should not include bridging.
to 10,000	235 + 123 = ?	2235 + 1054 = ?
If I know, I know	200 + 100 = 300	2000 + 1000 = 3000
2 + 6 = 8	30 + 20 = 50	200 + 0 = 200
20 + 60 = 80	5 + 3 = 8	30 + 50 + 80
200 + 600 = 800	300 + 50 + 8 = 358	5 + 4 = 9
2000 + 6000 = 8000	464 – 143 = ?	3000 + 200 + 80 + 9 = 3289
	101 110 .	2935 - 1314 = ?
8 – 6 = 2	400 – 100 = 300	2000 – 1000 = 1000
80 – 60 = 20	60 - 40 = 20	900 – 300 = 600
800 – 600 = 200	4 – 3 = 1	30 – 10 = 20
8000 - 6000 = 2000	300 + 20 + 1 = 321	5 – 4 = 1
		1000 + 600 + 20 + 1 = 1621

Selected National Curriculum Programme of Study Statements Pupils should be taught to:

- add and subtract numbers mentally with increasingly large numbers
- use rounding to check answers to calculations and determine, in the context of a problem, levels of accuracy
- solve addition and subtraction multi-step problems in contexts, deciding which operations and methods to use and why.

The Big Ideas (NCETM)

Before starting any calculation is it helpful to think about whether or not you are confident that you can do it mentally. For example, 3689 + 4998 may be done mentally, but 3689 + 4756 may require paper and pencil.

Carrying out an equivalent calculation might be easier than carrying out the given calculation. For example 3682 – 2996 is equivalent to 3686 – 3000 (constant difference).

operations and methods to use and why.		
Stage 1	Stage 2	End of Year Expectation
Recap Year 4	Round and adjust	Choosing efficient strategies
Number bonds and related number bond to 1,000,000	258 + 399 = ?	It's important that pupils are given opportunities to
If I know, I know	398 ≈ 400	choose between mental and formal strategies when solving problems. This helps them develop
2 + 6 = 8	258 + 400 = 658	flexibility in their thinking and deepens their understanding of number and operations.
20 + 60 = 80 200 + 600 = 800	658 – 2 = 656	Encouraging them to reflect on which strategy is most efficient for a given context not only builds
2000 + 6000 = 8000		confidence but also promotes mathematical
	Number adjustment	reasoning. Explore ways to incorporate more of these opportunities into lessons—perhaps through
Partitioning 4-digits and 4-digits	329 + 426 = ?	open-ended tasks or discussions around strategy
Calculations should not include bridging.	329 + 426	choice?
2235 + 1054 = ? 2000 + 1000 = 3000	+1	
2000 + 7000 - 3000	330 + 425 = 755	
30 + 50 + 80	120 700	
5 + 4 = 9 3000 + 200 + 80 + 9 = 3289		
0000 1 200 1 00 1 0 0200		

Selected National Curriculum Programme of Study Statements	
Punils should be taught to:	

upils snould be taught to:

- perform mental calculations, including with mixed operations and large numbers.
- solve addition and subtraction multi-step problems in contexts, deciding which operations and methods to use and why

The Big Ideas (NCETM)

Deciding which calculation method to use is supported by being able to take apart and combine numbers in many ways. For example, calculating 8.78 + 5.26 might involve calculating 8.75 + 5.25 and then adjusting the answer.

The associative rule helps when adding three or more numbers: 367 + 275 + 525 is probably best thought of as 367 + (275 + 525) rather than (367 + 275) + 525.

probably book modelines do to (270 × 626) rather than (667 × 276) × 626.	
Stage 2	End of Year Expectation
Round and adjust with increasingly larger	Choosing efficient strategies
numbers	It's important that pupils are given opportunities to
	choose between mental and formal strategies when solving problems. This helps them develop flexibility
	in their thinking and deepens their understanding of number and operations. Encouraging them to
	reflect on which strategy is most efficient for a given
7258 – 3 = 7255	context not only builds confidence but also promotes mathematical reasoning. Explore ways to
Number adjustment with increasingly larger numbers	incorporate more of these opportunities into lessons—perhaps through open-ended tasks or discussions around strategy choice?
2399 + 1425 = ?	
2399 + 1425	
2400 + 1424 = 3824	
	Stage 2 Round and adjust with increasingly larger numbers 4258 + 2997 = ? 2997 ≈ 3000 4258 + 3000 = 7258 7258 - 3 = 7255 Number adjustment with increasingly larger numbers 2399 + 1425 = ? 2399 + 1425 +1

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