

Bite Back 2030

<https://classroom.thenational.academy/activity-clubs/bite-back-2030>



Bite Back 2030 is a charity that believes all children should have access to healthy food, no matter where they live. 'Cook With Jack' was created to help families create affordable, tasty and healthy 'home-school lunches' so kids learn valuable cooking skills and have fun along the way.

1. Homemade Nachos & Salsa

In this session, Jack will be teaching us how to cook tasty homemade n...

Primary, Secondary

2. Veggie Chilli

In this session, Jack will be teaching us how to cook healthy veggie c...

Primary, Secondary

3. Sweet Pepper & Beef Pasta

In this session, Jack will be teaching us how to cook a delicious swee...

Primary, Secondary

7. Chicken Kebabs & Flatbreads

In this session, Jack will be teaching us how to cook flavourful and h...

Primary, Secondary

8. Stir-Fried Beef Noodles

In this session, Jack will be teaching us how to cook delicious 'Stir-...

Primary, Secondary

4. Easy Pitta Pizza

In this session, Jack will be teaching us how to cook a tasty and easy...

Primary, Secondary

5. Potato & Pepper Frittata

In this session, Jack will be teaching us how to cook a tasty and heal...

Primary, Secondary

6. Summer Salmon Salad

In this session, Jack will be teaching us how to make a fresh summer s...

Primary, Secondary

10. Beef Burgers & Coleslaw

In this session, Jack will be teaching us how to cook a family favouri...

Primary, Secondary

11. Crispy Chicken Goujons

In this session, Jack will be teaching us how to cook a healthy versio...

Primary, Secondary

13. Veggie Fajitas

In this session, Jack will be teaching us how to cook tasty veggie faj...

Primary, Secondary

14. Greek-Style Chicken and Tortillas

In this session, Jack will be teaching us how to cook delicious Greek-...

Primary, Secondary

15. Spanish-Style Rice

In this session, Jack will be teaching us how to cook a healthy Spanis...

Primary, Secondary

16. Tomato Pasta & Garlic Bread

In this session, Jack will be teaching us how to cook tomato pasta and...

Primary, Secondary

17. Spanish Eggs & Homemade Flatbreads

In this session, Jack will be teaching us how to cook Spanish eggs and...

Primary, Secondary

18. Beautiful Bruschetta

In this session, Jack will be teaching us how to cook beautiful brusch...

Primary, Secondary

19. Cottage Pie

In this session, Jack will be teaching us how to cook a delicious cott...

Primary, Secondary

20. Quick Veggie Omelette

In this session, Jack will be teaching us how to cook a quick veggie o...

Primary, Secondary

21. Broccoli Quiche

In this session, Jack will be teaching us how to cook a healthy brocco...

Primary, Secondary